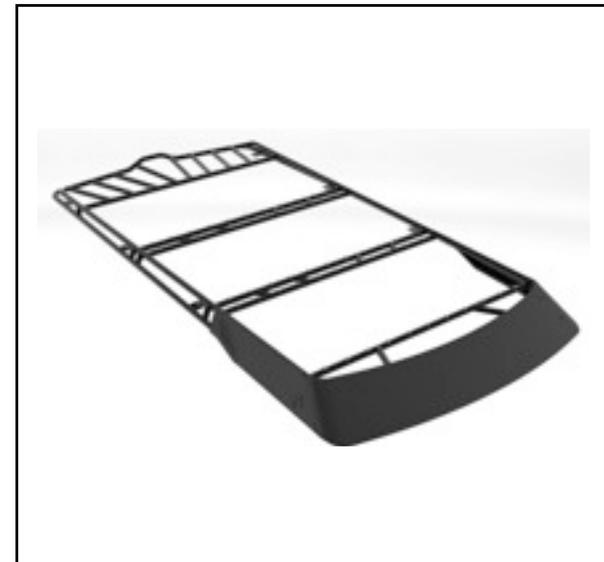




ProSpeed Off Road

Discovery 3 & 4 Roof Rack (223058)



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Box Contents:

- 1x rack
- 1x fitting kit
- 1x LH side moulding
- 1x RH side moulding
- 1x front moulding (inc. stainless bracket)
- 2x M6 wing nut

Fitting Kit Contents:

- 6x hex nuts
- 6x M8 x 12mm hex head bolt
- 6x M8 washer
- 2x M6 x 45mm countersunk bolts
- 6x M6 button head black
- 6x plastic washer

Tools Required:

- 4mm allen key
- 13mm spanner

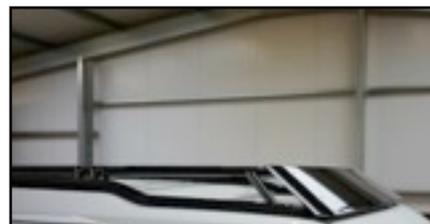
Important points to read prior to fitting

Before you fit your rack you need to check the following;

Does your Discovery have the Land Rover short length roof rails? They are required to fit the rack. Part no. CAP500090 (silver) or CAB500120PVJ (black)

Does your vehicle have two holes in the channel at the front, lower part of its roof? Most vehicles come with them, for some reason others don't. If you have them the two plastic caps need prizing out. If you do not have them you need to drill through the plastic channel to gain access to the threaded boss below. The measurement is 475mm. This is from the front edge of the roof rail to then centre of the hole, measured in a straight line not following the curvature of the roof.

1. Before lifting you rack on to the vehicle's roof, make it a little easier by putting your Discovery into access mode.
2. Slot three stainless hex nuts into both roof rails using the double width entry point about half way down the rail. Separate them evenly along the rail (once the rack is on the car you can re-position them).
3. Remove the cap found at the front of the roof channel. If there is not a cap please see the previous page.
4. With the rack supported align the moulded front centrally on the four mounting holes and press firmly onto the velcro.



5. On the back of the moulded front tighten the plastic wing nut clamping the stainless bracket. Please note - only a moderate tightening force is required.



6. Lift the rack into place from the rear of the vehicle (two people required). Move it into position and make sure the hex nuts are aligned with the tabs.

7. First secure using the two countersunk bolts. They go through the front bosses on the rack and screw into the holes at the front of the car.
8. Once secured at the front the six M8 x 12mm bolts and washers can be fastened into the hex nuts to secure the rear part of the rack.
9. Fit the moulded sides by first inserting the front edge with the stainless bracket behind the mounting bracket on the rack. Press firmly onto the velcro aligning the rear hole.



10. Tighten the black M6 button headed bolts (already in place) through the front moulded part, through the powder coated roof rack bracket, and into the stainless brackets on the moulded sides.

11. Now insert the remaining M6 button heads into the rear of the side moulded parts.

12. Tighten all fasteners

